

Wound Healing Community Outreach Service

Wound Management Education Plan

January 2011 – December 2011

Author: Michelle Gibb
Nurse Practitioner Wound Management
Wound Healing Community Outreach Service
Institute of Health & Biomedical Innovation
Queensland University of Technology

Date: 23 March 2011

Fundamentals of Wound Care Workshop

- Proposed Dates:** Wednesday 13 July & Thursday 14 July 2011
Wednesday 30 November & Thursday 1 December 2011
- Registration Fee:** \$680 per person (inc. GST, course materials, morning/afternoon tea, certificate of attendance)
- Number Participants:** Minimum of 10 people, maximum 30 people
- Pre-requisites:** Nil
- Venue:** 13 & 14 July Q2.08 Level 2, QUT Health Clinics 44 Musk Ave Kelvin Grove
30 Nov & 1 Dec Q 2.08 Level 2, QUT Health Clinics 44 Musk Ave Kelvin Grove
- Program Times:** 8:00am to 4:30pm

Target Audience

This workshop is suitable for any health professional including nurses and health care workers, who are providing wound care for individuals in the acute, community, general practice or aged care residential setting and want to develop a greater understanding of the fundamental principles of wound assessment and management, dressing selection and evidence-based interventions for acute and chronic wounds.

Synopsis

Wounds are a relatively common problem and wound prevalence tends to increase significantly with age. Accurate assessment of a wound is critical in order to enhance wound healing outcomes and prevent recurrence.

This two day workshop will provide participants with an opportunity to develop a greater understanding of the fundamental principles of wound assessment and management, dressing selection, evidence-based interventions for acute and chronic wounds, and preventative strategies. This workshop combines theoretical and practical elements to enhance the learning process.

Key Content

- Wound assessment
- Principles of wound management
- Dressing selection and management including practical workshop
- Acute wounds
- Chronic wounds
- Practical workshop and case study scenarios

Two Day Fundamentals of Wound Care Workshop Program

Day 1

| | |
|--------------------------|-----------------------------------|
| <i>8.00am – 8.15am</i> | <i>Registration & welcome</i> |
| 8.15am – 10.00am | Wound Assessment |
| <i>10.00am – 10.15am</i> | <i>Morning Tea (catered)</i> |
| 10.15am – 11.00am | Principles of Wound Management |
| 11.00am – 12.00pm | Practical Workshop |
| <i>12.00pm – 12.30pm</i> | <i>Lunch (BYO)</i> |
| 12.30pm – 2.30pm | Dressing Products |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.45pm – 4.30pm | Dressing Products |

Day 2

| | |
|--------------------------|-----------------------------------|
| <i>8.15am – 8.30am</i> | <i>Registration & welcome</i> |
| 8.30am – 10.00am | Acute Wounds |
| <i>10.00am – 10.15am</i> | <i>Morning Tea (catered)</i> |
| 10.15am – 11.00am | Chronic Wounds |
| 11.00am – 12.00pm | Wound Care Case Studies |
| <i>12.00pm – 12.30pm</i> | <i>Lunch (BYO)</i> |
| 12.30pm – 2.30pm | Documentation |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.45pm – 4.30pm | Wound Prevention |

Detail of Course Content

Wound Assessment

- Epidemiology of acute and chronic wounds
- Anatomy and physiology of the skin and associated structures
- Types of wound healing
 - Acute wounds
 - Chronic wounds
 - Primary and secondary intention
- Process of wound healing
 - Discuss the phases of wound healing (i.e. vasodilatation, inflammation, proliferation, maturation) with examples of each
- Factors affecting wound healing
 - Discuss factors such as smoking, nutrition, medications, age, co-morbidities, socio-economic factors
- Holistic patient assessment and identification of patient centred management objectives
- Referral criteria
- Wound assessment and assessment of the surrounding skin including tissue type, exudate, depth, odour, wound edge, pain, periwound condition, investigations, among other factors)

Principles of Wound Management

- Wound bed preparation
 - Wound cleansing
 - TIME principles
 - Assessment and management of wound infection

• Practical Workshop – Wound Cleansing

Practical workshop will include a workstation so that participants can practice theoretical skills.

Techniques for wound cleansing e.g. how to set up for a dressing changes in different clinical environments i.e. community or acute setting, use of PPE and hand-washing, disposal of dressings, when to use a dressing pack or bowl of water, showering a wound, how to care for periwound skin.

Dressing Products – Part One (Theoretical)

- Clinical appearance
- Why do we choose a dressing?
- How do we choose a dressing?
- Classes of wound dressing products
- Use of evidence-based practice to inform dressing selection and management
- Evaluation of wound management plan

Dressing Products – Part Two (Practical)

- Dressing selection including examples of common classes of wound dressing products discussed in theoretical session including application and removal, properties of the products. Examples include alginates, hydrofibre, hydrogels, hydrocolloids, low-adherent dressings, silicone dressings, antimicrobials, barrier preparations, emollients, limb protectors

Acute Wounds

- Theoretical discussion on assessment and management principles for common acute wound types including abrasions, lacerations, suture lines, skin tears, minor burns.

Chronic Wounds

- Theoretical discussion on assessment and management principles for common chronic wound types including leg ulcers, pressure ulcers and skin tears.

Wound Care Case Studies

Practical workshops include workstations set up with different clinical scenarios and will specifically include theoretical principles covered in earlier sessions i.e. wound assessment, wound cleansing and dressing selection and documentation. Participants will have 15 minutes at each work station in which to practice techniques learnt. After participants have completed all workstations the group will reconvene and findings will be presented to group with time for questions and discussion.

Clinical scenarios selected will include:

- Station 1: Acute wound healing by primary intention e.g. surgical incision
- Station 2: Acute wound e.g. Category 1A skin tear
- Station 3: Chronic wound e.g. Category 3 skin tear
- Station 4: Chronic wound e.g. stage II pressure ulcer

Documentation

- Discuss principles of documentation i.e. what to record, when to record, wound assessment tools, common terms used to describe wounds
- Includes practical examples of how to document wound assessment using digital photographs as examples. Participants will practice using different types of assessment forms and document in progress notes

Wound Prevention

- Principles of risk assessment and strategies for prevention of common wound types including skin tears, pressure ulcers and leg ulcers.

Advanced Wound Care Workshop

- Proposed Dates:** Wednesday 1 June & Thursday 2 June 2011
- Registration Fee:** \$1250 per person (inc. GST, course materials, morning/afternoon tea, certificate of attendance)
- Number Participants:** Minimum of 8 people, maximum 18 people
- Pre-requisites:** Fundamentals of Wound Care Workshop
- Venue:** Room Q 2.05 Level 2, QUT Health Clinics, 44 Musk Ave Kelvin Grove
- Program Times:** 8:00am to 4:30pm

Target Audience

The Advanced Wound Care Course is an intensive two day program designed for health professionals including registered nurses and podiatrists who are providing advanced wound care for individuals in the acute, community, general practice or aged care residential setting.

Synopsis

The aim of the course is to facilitate the implementation of evidence into clinical practice. The course will assist participants to increase their understanding of the pathophysiological processes involved in wound repair and regeneration including the impact of physical, psychosocial and environmental factors on the wound healing process; explore the principles wound assessment and wound management for specific wound types; expand knowledge regarding the composition, structure and appropriate use of wound dressings. The course combines theoretical and practical elements to enhance the learning process.

Key Content

- Physiology of wound healing
- Advanced wound assessment
- Advanced wound dressing products
- Wound debridement
 - Theoretical
 - Practical
- Wound infection
- Complex wound types (leg ulcers, pressure ulcers, diabetic foot ulcers, malignant/fungating tumours)
- Vascular assessment
 - Theoretical
 - Practical
- Compression bandaging
 - Theoretical
 - Practical
- Complex case studies

Advanced Wound Care Workshop Program

Day One

| | |
|--------------------------|---|
| <i>8.00am – 8.30am</i> | <i>Registration & welcome</i> |
| 8.30am – 9.15am | Physiology of wound healing & advanced wound assessment |
| 9.15am – 10.30am | Advanced wound dressing products |
| <i>10.30am – 10.45am</i> | <i>Morning Tea (catered)</i> |
| 10.45am – 11.15am | Wound debridement – Theoretical |
| 11.15am – 12.30pm | Wound debridement – Practical |
| <i>12.30pm – 1.15pm</i> | <i>Lunch (BYO)</i> |
| 1.15pm – 1.45pm | Wound infection |
| 1.45pm – 2.30pm | Complex wound types |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.45pm – 3.30pm | Complex case study – practical |
| 3.30pm – 4.30pm | Complex case study – presentation |

Day Two

| | |
|--------------------------|-------------------------------------|
| <i>8.00am – 8.15am</i> | <i>Registration & welcome</i> |
| 8.15am – 10.00am | Vascular Assessment – Theoretical |
| <i>10.00am – 10.15am</i> | <i>Morning Tea (catered)</i> |
| 10.15am – 12.00pm | Vascular Assessment – Practical |
| <i>12.00pm – 12.30pm</i> | <i>Lunch (BYO)</i> |
| 12.30pm – 1.30pm | Compression Bandaging – Theoretical |
| 1.30pm – 2.30pm | Compression Bandaging – Practical |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.45pm – 4.15pm | Compression Bandaging – Practical |
| 4.15pm – 4.30pm | Discussion & Evaluation |

Detail of Course Content

- **Physiology of wound healing**

This session will explore the anatomy and physiology of normal tissue structure and outline the physiology, process and types of wound healing. It will explore the general principles necessary to achieve better wound healing as well as the intrinsic and extrinsic factors that affect wound healing.

- **Advanced wound assessment**

Comprehensive wound assessment is essential in order effectively plan and implement wound management strategies. This session will assist clinicians to identify the components of a comprehensive wound assessment in order to develop a diagnosis. Validated frameworks and classification systems available to facilitate wound assessment will be explored.

- **Advanced wound dressing products**

This session will provide participants with comprehensive theoretical knowledge to assist in the selection of appropriate wound dressing products to optimise wound repair. Participants will be assisted to develop an understanding of the classification and properties of wound dressing products. They will also be required to select and justify the selection of specific wound dressings for clinical scenarios.

- **Wound debridement**

- Theoretical
- Practical

The purpose of this session is to enable participants to develop an understanding of the principles of wound debridement and develop skills and competence in this area of clinical practice. Participants will be required to describe anatomy and physiology of viable and non-viable tissues and structures, identify the different types of debridement and understand the indications and contraindications of each, recognise new technologies and products used in the sharp debridement process, identify the tools used in sharp debridement, demonstrate sharp debridement techniques and discuss legal implications and policy and procedures related to debridement.

- **Wound infection**

This session will enable participants to develop an understanding of the principles of recognising and treating wound infection in daily clinical practice. This session will provide participants with broad, clear and safe guidance on the areas of diagnosis and topical/systemic treatment of bacterial wound infection. Current research in this area will be explored.

- **Complex wound types**

This session provides participants with greater understanding and skills to effectively manage acute and chronic wounds including surgical wounds, burns, traumatic wounds, pressure ulcers, malignant / fungating tumours, diabetic foot and leg ulcers. Participants will gain a broader understanding of the

techniques available to assess specific wound types. The aetiological factors, risk factors and strategies to reduce or eliminate causes will be examined.

- Vascular assessment
 - Theoretical
 - Practical

Assessment and clinical investigation of patients with leg ulcers should only be undertaken by health care professionals trained in leg ulcer management. In this session participants will investigate the rationale for vascular assessment, review the principles of hand-held Doppler ankle brachial pressure index assessment, determine how to select equipment and prepare the patient, measure and calculate ABPI correctly, interpret results accurately, revise indications for re-examination, outline factors affecting the ABPI, indications for measuring toe pressures on patients with calcification, recording and interpreting Doppler waveforms, review the current evidence informing vascular assessment principles, and participate in an intensive practical session.

- Compression bandaging
 - Theoretical
 - Practical

Compression therapy requires specialised training and must be tailored to individual patients and their circumstances. This session will provide an opportunity to enhance assessment and management skills related to leg ulcer management. Key content will include pathophysiology of leg ulcers, assessment of leg ulcers, evidence-based management and treatment options, principles of compression therapy, and an intensive practical session using different compression therapy systems.

- Complex case studies

This session offers participants the opportunity to apply theoretical and practical skills covered throughout the course in a real-world clinical scenario. Participants will be allocated a work station in pairs where they will be responsible for undertaking a comprehensive assessment of a patient with a wound. Participants will be allocated one hour in which to assess the wound, perform an ankle brachial pressure index assessment, develop a wound management plan that includes selection of appropriate wound dressing products, application of the wound dressing products under the supervision of the facilitator, recommendations for long-term management and/or preventive strategies. Participants will then be provided with an hour in which to prepare a 10 minute presentation to the group in which they will be required to present their case (using a standardised case study format provided) and to justify the wound management plan selected including, where possible, current evidence to support their recommendations. There will be an opportunity for discussion and questions following each presentation.

Leg Ulcer Assessment & Compression Bandaging

- Proposed Dates:** Thursday 7 April 2011
- Registration Fee:** \$275 per person (inc. GST, course materials, morning/afternoon tea, certificate of attendance)
- Number Participants:** Minimum of 10 people, maximum 16 people
- Pre-requisites:** Nil
- Venue:** Room Q2.04 Level 2, QUT Health Clinics, 44 Musk Avenue Kelvin Grove
- Program Times:** 8:45am to 4:30pm

Target Audience

This workshop is suitable for any health professional including nurses and health care workers, who are providing wound care for individuals in the acute, community, general practice or aged care residential setting.

Synopsis

Leg Ulcers occur in approximately 1 – 2% of the over 60 years' population and prevalence increases with age. With over 60% of a community nurses' time spent caring for clients with leg ulcers it is essential that clinicians have the knowledge and skills to manage this challenging wound type. The purpose of this workshop is to provide participants the opportunity to develop a broader understanding of the principles of leg ulcer assessment and compression bandaging and to learn how to apply these principles to clinical practice.

Key Content

- Principles of leg ulcer assessment and management for:
 - Venous leg ulcers
 - Mixed venous/arterial leg ulcers
 - Arterial leg ulcers
- Compression bandaging systems, indication for use and precautions
- Practical workshop

Leg Ulcer Assessment & Compression Bandaging Workshop

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|--------------------------|---|
| <i>8.45am – 9.00am</i> | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Leg Ulcer Assessment – Part 1 |
| <i>10.00am – 10.15am</i> | <i>Morning tea (catered)</i> |
| 10.15am – 11.00am | Leg Ulcer Assessment – Part 2 |
| 11.00am – 12.00pm | Leg Ulcer Management <ul style="list-style-type: none"> • Dressing selection |
| <i>12.00pm – 12.30pm</i> | <i>Lunch (catered)</i> |
| 12.30pm – 2.30pm | Compression Bandaging Practice <ul style="list-style-type: none"> • Multi-layer compression bandaging systems • Short-stretch compression bandaging |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.45pm – 4.00pm | <ul style="list-style-type: none"> • Long-stretch compression bandaging • Compression hosiery |
| 4.00pm – 4.30pm | Question time & Evaluation |

Detail of Course Content

Leg Ulcer Assessment

- Identify the most common type of lower leg ulcers
- Understand the principles of wound management for
 - Venous leg ulcers
 - Mixed venous/arterial leg ulcers
 - Arterial leg ulcers
- Identify different compression bandaging systems, indications for use and precautions that must be considered

Leg Ulcer Management – Dressing Selection

- Principles of wound assessment and dressing selection
- Classes of wound dressing products

Practical Workshop – Compression bandaging systems

Practical workshops will include a series of four workstations so that participants can practice theoretical skills. Participants will move sequentially through the workstations with the facilitator demonstrating principles and then participants having opportunity to practice techniques. Each workstation will run for approximately 45 minutes each and cover the most common types of compression bandaging and compression hosiery and associated devices.

Lower Limb Vascular Assessment & Practical Training Workshop

- Proposed Dates:** Thursday 5 May 2011
- Registration Fee:** \$575 per person (inc. GST, course materials, morning/afternoon tea, certificate of attendance)
- Number Participants:** Minimum of 10 people, maximum 18 people
- Pre-requisites:** Nil
- Venue:** Room Q2.05 Level 2, QUT Health Clinics 44 Musk Ave Kelvin Grove
- Program Times:** 8:45am to 4:30pm

Target Audience

The Lower Limb Vascular Assessment and Practical Training Workshop is an intensive one-day program designed for health professionals including registered nurses and podiatrists who are involved in vascular assessment for individuals in the acute, community, general practice or aged care residential setting.

Synopsis

Assessment and clinical investigation of patients with leg ulcers should only be undertaken by health professionals trained in leg ulcer management. In this session participants will investigate the rationale for vascular assessment, review the principles of hand-held Doppler ankle brachial pressure index assessment, determine how to select equipment and prepare the patient, measure and calculate ABPI correctly, interpret results accurately, revise indications for re-examination, outline factors affecting the ABPI, indications for measuring toe pressures on patients with calcification, recording and interpreting Doppler waveforms, review the current evidence informing vascular assessment principles, participate in an intensive practical session and undertake a skills assessment.

Key Content

- Rationale for vascular assessment
- Principles of hand-held Doppler Ankle Brachial Pressure Index assessment
- Interpretation of results
- Factors affecting ABPI
- Review current evidence informing vascular assessment principles
- Practical workshop

Lower Limb Vascular Assessment and Practical Training Workshop Program

| | |
|--------------------------|---|
| <i>8.45am – 9.00am</i> | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Lower Limb Vascular Assessment Theoretical – Part 1 |
| <i>10.00am – 10.15am</i> | <i>Morning tea (catered)</i> |
| 10.15am – 11.00am | Lower Limb Vascular Assessment Theoretical – Part 2 |
| 11.00am – 12.00pm | Practical Demonstration & Problem Solving |
| <i>12.00pm – 12.30pm</i> | <i>Lunch</i> |
| 12.30pm – 2.30pm | Doppler Practical Session |
| <i>2.30pm – 2.45pm</i> | <i>Afternoon Tea (catered)</i> |
| 2.30pm – 4.15pm | Doppler Skills Assessment |
| 4.00pm – 4.30pm | Question time & Evaluation |

Detail of Course Content

- Vascular assessment

- Theoretical

Assessment and clinical investigation of patients with leg ulcers should only be undertaken by health care professionals trained in leg ulcer management. In this session participants will investigate the rationale for vascular assessment, review the principles of hand-held Doppler ankle brachial pressure index assessment, determine how to select equipment and prepare the patient, measure and calculate ABPI correctly, interpret results accurately, revise indications for re-examination, outline factors affecting the ABPI, indications for measuring toe pressures on patients with calcification, recording and interpreting Doppler waveforms, review the current evidence informing vascular assessment principles, and participate in an intensive practical session.

- Vascular assessment

- Practical

This session offers participants the opportunity to apply theoretical and practical skills covered throughout the course in a real-world clinical scenario. Participants will be allocated a work station in pairs where they will be responsible for undertaking a comprehensive vascular assessment of a patient. Participants will be allocated one hour in which to assess the patient, perform an ankle brachial pressure index assessment, interpret results and recommend a management plan based on clinical findings. Participants will then be provided with an hour in which to prepare a 10 minute presentation to the group in which they will be required to present their examination and to justify the management plan selected including, where possible, current evidence to support their recommendations. There will be an opportunity for discussion and questions following each presentation.

- Doppler Skills Assessment

This session offers participants the opportunity to apply theoretical and practical skills covered throughout the course in a real-world clinical scenario skills assessment. The purpose of the skills assessment is to assess underpinning knowledge and to demonstrate that the participant has acquired the skills required to conduct a comprehensive assessment of an adult patient's lower limb vascular status. The assessment will include the measurement and interpretation of the ABPI result.

Wound Management Education Workshops
Blue Care Caloundra

Leg Ulcer Assessment, Lower Limb Vascular Assessment & Compression Bandaging

Therapy Workshop

Date: Friday 18 February 2011
Registration Fee: \$80 per person
Number Participants: Maximum 25 people
Pre-requisites: Nil
Venue: Caloundra Community Care Learning & Development Centre
 8 West Terrance Caloundra Qld 4551
Program Times: 8:45am to 3:30pm
Registration: For further information regarding course content and to registration please contact Nick Palmer (DON of Blue Care) by phoning 5438 5000 or email n.palmer@bluecare.org.au

Target Audience

This workshop is an intensive one-day program designed for health professionals including registered nurses and podiatrists who are involved in vascular assessment for individuals in the acute, community, general practice or aged care residential setting interested in learning more about leg ulcer assessment, compression bandaging and vascular assessment. The course will involve a combination of theoretical and practical demonstration to enhance skills development.

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| 8.45am – 9.00am | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Leg Ulcer Assessment |
| 10.00am – 10.15am | <i>Morning tea (catered)</i> |
| 10.15am – 12.00pm | Lower Limb Vascular Assessment: Theoretical |
| 12.00pm – 12.30pm | <i>Lunch</i> |
| 12.30pm – 1.30pm | Lower Limb Vascular Assessment: Practical |
| 1.30pm – 2.30pm | Compression Bandaging: Theoretical |
| 2.30pm – 3.15pm | Compression Bandaging: Practical <ul style="list-style-type: none"> • Short-stretch, inelastic compression bandaging • Multilayered compression bandaging systems • Compression hosiery |
| 3.15pm – 3.30pm | Question time & Evaluation |

Wound Management Education Workshops
Blue Care Caloundra
Wound Assessment, Wound Debridement, Wound Dressings &
Topical Negative Pressure Wound Therapy

Date: Friday 13 May 2011
Registration Fee: \$80 per person
Number Participants: Maximum 25 people
Pre-requisites: Nil
Venue: Caloundra Community Care Learning & Development Centre
8 West Terrance Caloundra Qld 4551
Program Times: 8:45am to 3:30pm
Registration: For further information regarding course content and to registration please contact Nick Palmer (DON of Blue Care) by phoning 5438 5000 or email n.palmer@bluecare.org.au

Target Audience

This workshop is an intensive one-day program designed for health professionals including registered nurses and podiatrists who are involved in vascular assessment for individuals in the acute, community, general practice or aged care residential setting interested in learning more about wound assessment, wound debridement, wound dressings and topical negative pressure wound therapy. The course will involve a combination of theoretical and practical, hands-on workshops to enhance skills development.

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|--------------------------|---|
| <i>8.45am – 9.00am</i> | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Principles of Wound Assessment |
| <i>10.00am – 10.15am</i> | <i>Morning tea (catered)</i> |
| 10.15am – 12.00pm | Wound debridement: theory & practical |
| <i>12.00pm – 12.30pm</i> | <i>Lunch</i> |
| 12.30pm – 2.00pm | Wound dressings |
| 2.00pm – 3.15pm | Topical negative pressure wound therapy: theory & practical |
| 3.15pm – 3.30pm | Question time & Evaluation |

Wound Management Education Workshops
Blue Care Caloundra
Assessment, Management & Prevention of Skin Tears, Pressure Ulcers, Leg Ulcers & Diabetic Foot Ulcers

Date: Friday 19 August 2011
Registration Fee: \$80 per person
Number Participants: Maximum 25 people
Pre-requisites: Nil
Venue: Caloundra Community Care Learning & Development Centre
8 West Terrance Caloundra Qld 4551
Program Times: 8:45am to 3:30pm
Registration: For further information regarding course content and to registration please contact Nick Palmer (DON of Blue Care) by phoning 5438 5000 or email n.palmer@bluecare.org.au

Target Audience

This workshop is an intensive one-day program designed for health professionals including registered nurses and podiatrists who are involved in vascular assessment for individuals in the acute, community, general practice or aged care residential setting interested in learning more about assessment, management and prevention of skin tears, pressure ulcers, leg ulcers and diabetic foot ulcers. The course will involve a combination of theoretical and practical, hands-on workshops to enhance skills development.

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|--------------------------|--|
| <i>8.45am – 9.00am</i> | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Principles of Assessment, Management & Prevention of: Skin Tears |
| <i>10.00am – 10.15am</i> | <i>Morning tea (catered)</i> |
| 10.15am – 12.00pm | Principles of Assessment, Management & Prevention of: Pressure Ulcers |
| <i>12.00pm – 12.30pm</i> | <i>Lunch</i> |
| 12.30pm – 2.30pm | Principles of Assessment, Management & Prevention of: Leg Ulcers & Diabetic Foot Ulcers |
| 2.30pm – 3.30pm | Case Studies, Question time & Evaluation |

Wound Management Education Workshops
Blue Care Caloundra
Assessment & Management of Complex Wound Types

Date: Friday 18 November 2011
Registration Fee: \$80 per person
Number Participants: Maximum 25 people
Pre-requisites: Nil
Venue: Caloundra Community Care Learning & Development Centre
8 West Terrance Caloundra Qld 4551
Program Times: 8:45am to 3:30pm
Registration: For further information regarding course content and to registration please contact Nick Palmer (DON of Blue Care) by phoning 5438 5000 or email n.palmer@bluecare.org.au

Target Audience

This workshop is an intensive one-day program designed for health professionals including registered nurses and podiatrists who are involved in vascular assessment for individuals in the acute, community, general practice or aged care residential setting interested in learning more about assessment and management of complex wound types.

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|--------------------------|---|
| <i>8.45am – 9.00am</i> | <i>Registration & welcome</i> |
| 9.00am – 10.00am | Principles of complex wound assessment & management |
| <i>10.00am – 10.15am</i> | <i>Morning tea (catered)</i> |
| 10.15am – 12.00pm | <ul style="list-style-type: none"> • Malignant & fungating wounds • Pressure ulcers • Leg ulcers |
| <i>12.00pm – 12.30pm</i> | <i>Lunch</i> |
| 12.30pm – 2.30pm | Complex case studies |
| 2.30pm – 3.30pm | Question time & Evaluation |

Summary Wound Education Dates
January – December 2011

Lower Limb Vascular Assessment and Practical Training Workshop

- Thursday 5 May 2011
- Thursday 3 November 2011

Registration fee: \$575 per person (min. 10, max. 20)

Leg Ulcer Management and Compression Bandaging Workshop

- Thursday 7 April 2011
- Thursday 1 September 2011

Registration fee: \$575 per person. (min. 15, max 30)

Fundamentals of Wound Care Workshop

- Wednesday 13 July & Thursday 14 July 2011
- Wednesday 30 November & Thursday 1 December 2011

Registration fee: \$680 per person (min. 10, max 30)

Advanced Wound Care Workshop

- Wednesday 1 June & Thursday 2 June 2011

Registration Fee: \$1250 per person (min. 8, max. 20)

Biography of Presenter

Michelle Gibb M Nsg Sci (NP), M Wound Care, BN

Michelle is a Nurse Practitioner in Wound Management and leads the Wound Healing Community Outreach Service at Queensland University of Technology. Michelle has approximately ten years experience in wound management and has worked in the general practice, acute, community and aged-care residential environments.

Michelle is currently President of the Queensland Wound Care Association, recipient of the Association of Queensland Nurse Leaders Emerging Leaders Award 2009 and was awarded the prestigious Bob and June Prickett Churchill Fellowship in 2010 to explore multidisciplinary wound healing services in the United Kingdom and Denmark.