



# Adapting Life



Matthew Ames



“It is not the strongest of species that survives, nor the most intelligent that survives. It is the one that is most adaptable to change”

---

Charles Darwin, 1859

According to Darwin's Origin of Species, it is not the most intellectual of the species that survives; it is not the strongest that survives; but the species that survives is the one that is able best to adapt and adjust to the changing environment in which it finds itself.

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Leon C. Megginson, 1963













**LIFE DISRUPTED**



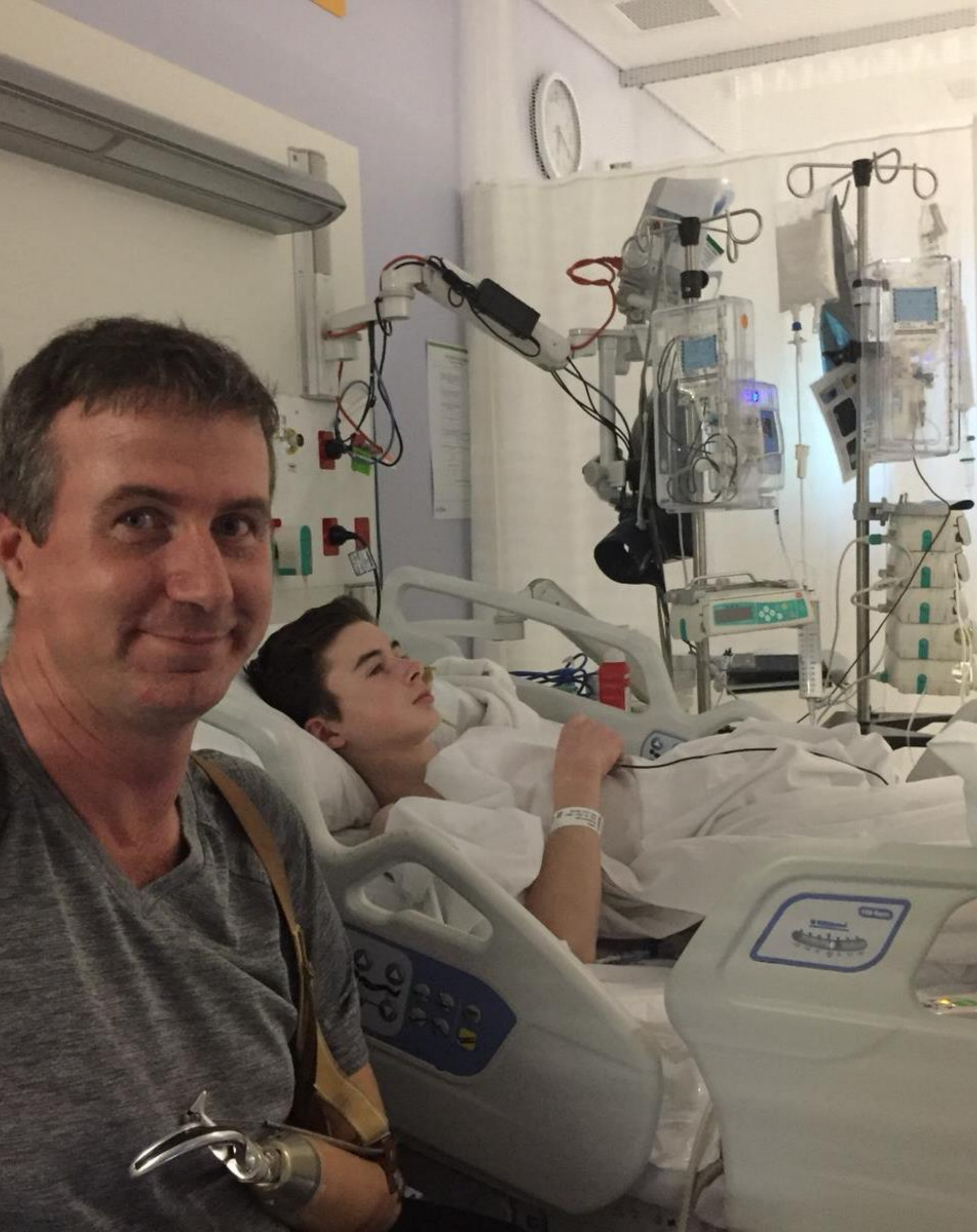




# CHANGE YOUR PERSPECTIVE







# FIND YOUR PURPOSE

"The two most important days of your life are the day you are born, and the day you know why."

**Mark Twain**



**NEVER  
GIVE UP**







**LOOK FOR  
THE EASY  
WAY**





**WE DO BETTER  
TOGETHER**





“It is not the strongest of organisations that survive, nor the most intelligent. It is the one that is resolute in its purpose and the most adaptable in execution. It will not only survive, it will thrive.”



## BOOK

Will to Live  
By Matthew, Diane and Kate  
Ames

Matthew Ames



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