ELLC End of Life Law for Clinicians

Aged care online training curriculum

End of Life Law for Clinicians (ELLC) is a free training program for health professionals working in aged care about the law on end of life decision-making. It aims to improve knowledge and support delivery of safe, high-quality end of life and palliative care in aged care.

This course can also support aged care providers to meet the Aged Care Quality Standards. Find out how:

- Guide to meeting the Aged Care Quality Standards
- Guide to meeting <u>Outcome 5.7 Palliative Care and</u> <u>End-of-life Care, Clinical Care Standards</u>

CPD hours may be claimed from professional organisations. Certificates of completion are available.

This is an RACGP-approved CPD activity under the RACGP CPD Program (total of 11 CPD hours). This event has been accredited in the 2023–2025 ACRRM PD Program for 8 Educational Activity Hours and 3 Performance Review Hours.



Who this course is for

The ELLC aged care course is for nurses, GPs, other medical practitioners, allied and other health professionals, and mangers working in residential care, and home and community care. **To enrol, visit <u>ellc.edu.au</u>** and select Aged Care.

If you work mainly in other health settings (e.g. acute care, other primary care settings), or are a student, please enrol in our other courses. Visit <u>ellc.edu.au</u>, select your main work setting and follow the prompts.

Training modules

The aged care course has 13 free online training modules covering end of life law in all Australian States and Territories. The modules have interactive exercises, legal cases, clinical case studies, vignettes, self-assessment quizzes, and further readings to promote reflective learning. The training program is self-paced and can be completed on any device.

MODULE 1

The role of law in aged care

This module explores what legal issues can arise in aged care at the end of life, and what role law plays in end of life care. It also outlines how knowing these laws can help clinicians provide safe, high-quality aged care.

Completion time: 30 minutes

Learning outcome

» Describe the role of law in aged care at the end of life.

MODULE 2

Capacity and consent to medical treatment

Part 1 of this module explores the requirements of valid consent. Part 2 explores when an adult will have capacity to make decisions about medical treatment.

Completion time: 1 hour

Learning outcomes

- » Identify when consent to medical treatment is required and when it will be valid.
- » Define the concept of capacity, and explain how it is determined.

MODULE 3

Withholding and withdrawing life-sustaining medical treatment

This module focuses on withholding and withdrawing life-sustaining treatment from adults.

It establishes a foundation for later modules on Advance Care Planning and Advance Care Directives (Module 4), Substitute decision-making for medical treatment (Module 5), Futile or non-beneficial treatment (Module 8), and Emergency treatment for adults (Module 9).

Learning outcomes

Identify:

- » When a decision to withhold or withdraw lifesustaining treatment can be made.
- » The circumstances under which such a decision needs or does not need to be followed.

Completion time: 30 minutes

MODULE 4

Advance Care Planning and Advance Care Directives

This module explores Advance Care Planning and the law relating to Advance Care Directives, including when an Advance Care Directive can apply, and when it must be followed.

Completion time: 1 hour

Learning outcomes

Identify:

- » What an Advance Care Directive is, and the information it can contain.
- » When an Advance Care Directive can apply, and when it must be followed.

MODULE 5

Substitute decision-making for medical treatment

This module explores who can be a substitute decisionmaker for an adult, when they can make decisions, how they should make decisions, and when a substitute decision-maker's decision needs to be followed.

Completion time: 30 minutes

Learning outcomes

Identify:

- » What decisions a substitute decision-maker can make, and how they should make decisions.
- » The appropriate substitute decision-maker for a person who does not have capacity.
- » When a substitute decision-maker's decision needs to be followed.

MODULE 6

Legal protection for administering pain and symptom relief

Part 1 of this module explores the law on providing pain and symptom relief at the end of life, and the doctrine of double effect. It explains how the lawful provision of pain and symptom relief is different from voluntary assisted dying. Part 2 considers the legal status of palliative sedation and voluntarily stopping eating and drinking.

Learning outcomes

- » Explain the doctrine of double effect, and its application in practice.
- » Differentiate between the lawful provision of pain and symptom relief, and voluntary assisted dying.

Completion time: 1 hour

MODULE 7

There is no Module 7 for the aged care course. Module 7 of ELLC courses is about children and end of life decision-making. If you wish to complete Module 7, you can access it from 'Other modules' on the ELLC Aged Care course homepage.

MODULE 8

Futile or non-beneficial treatment

This module explores the law about futile or nonbeneficial treatment, and when it can be withheld or withdrawn from an adult or child at the end of their life.

Learning outcomes

- » Explain who decides when treatment is futile or non-beneficial, and how it is decided.
- Identify when a decision to withhold or withdraw futile or non-beneficial treatment can be made.

Completion time: 30 minutes

MODULE 9

Urgent treatment for adults

This module explores how the law responds to situations where decisions about urgent (emergency) treatment are needed for adults. It explains when life-sustaining treatment can be given in an emergency (including whether consent is needed); and when life-sustaining treatment can be withheld or withdrawn in an emergency.

Completion time: 30 minutes

Learning outcomes

Identify when life-sustaining treatment can be:

- » given in an emergency without consent.
- » withheld or withdrawn in an emergency.

MODULE 10

Managing conflict

This module explores what legal and other avenues are available to manage conflict around end of life decision-making. The focus is on disputes about treatment for a person who does not have capacity, as this is where conflict most often arises.

Learning outcomes

- » Identify clinical and legal processes for managing disputes where a person does not have decision-making capacity.
- » Describe the role of guardianship bodies, courts and tribunals in resolving disputes about medical treatment.

Completion time: 1 hour

MODULE 11

Voluntary assisted dying

This module explores the law on voluntary assisted dying (VAD) in Australia, and its intersection with laws on medical treatment decision-making, and pain and symptom relief.

Completion time: 1 hour

Completion time: 1 hour

Learning outcomes

- » Describe the legal status of VAD in Australia.
- » Understand the eligibility criteria and processes for accessing VAD in jurisdictions where it is lawful.
- » Differentiate between VAD and other practices including providing pain and symptom relief, and withholding and withdrawing life-sustaining treatment.

MODULE 12

Aboriginal and/or Torres Strait Islander Peoples and end of life law

This module explores the law on end of life decision-making in the context of caring for Aboriginal and/or Torres Strait Islander peoples, families and communities.

Learning outcomes

- » Understand legal considerations that can arise when caring for Aboriginal and/or Torres Strait Islander peoples and families at the end of life.
- » Recognise how health professionals can provide Culturally Safe and Culturally Responsive end of life care.

MODULE 13

Inclusive end of life decision-making with people from diverse populations

This module explores the law on end of life decision-making in the context of caring for LGBTIQ+ people, people from culturally and linguistically diverse and/or refugee backgrounds, people with disability, and people with frailty. Learning outcomes

- » Understand legal considerations that can arise when caring for LGBTIQ+ people, people from culturally and linguistically diverse and/or refugee backgrounds, people with disability, and people with frailty.
- » Recognise how health professionals can provide safe, inclusive, accessible end of life care to people from diverse populations, and their families and support networks.

MODULE 14

End of life law in aged care

Completion time: 90 minutes

This module explores common legal issues that may arise at the end of life in residential aged care and home and community care, and the provision of safe, high-quality, personcentred end of life and palliative care.

Completion time: 1 hour

Learning outcomes

- » Understand how the law applies to issues that arise when providing end of life care in aged care.
- » Recognise how to deliver safe, high quality, person centred end of life and palliative care.

Register for the ELLC Aged Care course at <u>ellc.edu.au</u> and select Aged Care to enrol. To receive further information and updates please email **endoflifelaw@qut.edu.au**



ELLC is funded by the Australian Government Department of Health and Aged Care. It is administered by the Australian Centre for Health Law Research, Faculty of Business and Law, Queensland University of Technology (QUT), in partnership with the Faculty of Health, QUT. For more information contact <u>endoflifelaw@qut.edu.au</u>













