



PARTICIPATE IN RESEARCH

Information for Prospective Participants

Predicting Eating Behaviours in Australian University Students

Research team contacts

Principal Researcher:	Dr Esben Strodl	QUT, Australia
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What is the purpose of the research?

The purpose of this research is to identify some of the predictors of eating behaviours in university students. The findings from this study will be compared with findings from similar studies conducted in the United Kingdom, Pakistan, India and China.

Are you looking for people like me?

The research team is looking for any person enrolled in studying at a university within Australia.

What will you ask me to do?

Your participation will involve completing an anonymous online survey that will take 20-30 minutes to complete.

Are there any risks for me in taking part?

For most participants, there will be no risks beyond normal day-to-day living associated with your participation in this project. However, if you have experienced or are experiencing difficulties in relation to your personal eating behaviours, it is possible that you may experience some mild discomfort when responding to questions about eating.

It should be noted that if you do agree to participate, you can withdraw from participation at any time during the project without comment or penalty.

Are there any benefits for me in taking part?

It is expected that this project will not benefit you directly. However, it may benefit researchers and clinicians in better understanding the predictors of unhelpful eating behaviours.

Will I be compensated for my time?

To recognise your contribution should you choose to participate, the research team is offering the chance to win one of four \$50 iTunes or Amazon gift vouchers.

I am interested – what should I do next?

If you would like to participate in this study, please follow this link to the study site:

<http://survey.qut.edu.au/f/189356/5c84/>

You will be provided with further information to ensure that your decision and consent to participate is fully informed.

Thank You!

QUT Ethics Approval Number: 1500001271