

Preparing to meet the new Aged Care Quality Standards

Clinical Care Standard Outcome 5.7: Palliative Care and End-of-Life Care

Under the *Aged Care Act 2024* (Cth), starting on 1 July 2025, aged care providers will be registered into a registration category based upon the services they deliver. Registered providers will need to meet obligations associated with their registration category, including the Strengthened Aged Care Quality Standards (Draft, February 2025) where applicable.

Outcome 5.7: Palliative Care and End-of-Life Care of Standard 5: Clinical Care will require providers to:

- recognise and address individuals' needs, goals and preferences for palliative care and end of life care, and preserve their dignity,
- ensure individuals' pain and symptoms are actively managed, with access to specialist palliative and end of life care when required, and
- ensure supporters and other people who support individuals are informed and supported, including during the last days of life.

End of Life Law for Clinicians (ELLC) free Aged Care course has online training modules that can support providers to meet Outcome 5.7:

- **Module 2: Capacity and consent to medical treatment**
- **Module 3: Withholding and withdrawing life-sustaining treatment**
- **Module 4: Advance Care Planning and Advance Care Directives**
- **Module 5: Substitute decision-making**
- **Module 6: Legal protection for providing pain and symptom relief**

- **Module 8: Futile or non-beneficial treatment**
- **Module 12: Aboriginal and/or Torres Strait Islander Peoples and end of life law**
- **Module 13: Inclusive end of life decision-making for diverse populations (LGBTIQ+ older people; People from culturally and linguistically diverse backgrounds; People with disability; and People with frailty)**
- **Module 14: End of life law in aged care**

These modules can help providers to:

- » have processes to recognise when an individual requires palliative care or is approaching the end of life, support them to prepare for the end of life, and respond to their changing needs and preferences (**Action 5.7.1**).
- » support the individual, their supporters and others, and substitute decision-maker to continue end of life planning conversations, review advance care planning documents, and discuss requesting or declining life-prolonging treatment (**Action 5.7.2**).
- » use processes from comprehensive care to plan and deliver palliative care that supports the individual's spiritual and cultural needs, identifies and manages changes in pain, and communicates information the individual's palliative care preferences to others (**Action 5.7.3**).

Download the **Meeting Quality and Safety Standards in Aged Care** guide to find out how ELLC's training modules can also help providers to meet other Standards.

Register for the ELLC Aged Care course at ellc.edu.au and select Aged Care to enrol.



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