



Champions for Skin Integrity

How to champion skin integrity as a
Personal Care Worker (PCW)

Promoting 'Skin Integrity' means we aim to maintain intact, healthy skin able to perform its normal functions.

- Moisturise clients' skin twice daily
- Encourage a healthy diet for clients
- Encourage 6-8 glasses per day of fluids for clients
- Use correct lifting/transferring techniques
- Follow turning schedules as necessary
- Report any skin problems of clients to EN/RN
- Report any issues causing skin problems
- Attend educational opportunities

